

MIFEGYMISO® (MIFEpristone/MISOprostol) PHARMACIST CHECKLIST

I. Pharmacist Prescription Assessment			
NECESSARY			<input type="checkbox"/>
Confirm indication and informed consent for medical abortion			<input type="checkbox"/>
EFFECTIVE			<input type="checkbox"/>
Verify appropriate written date for prescription (NOTE: if prescription was written ≥ 7 days, ensure efficacy: Health Canada indicate use up to 63 days from last menstrual period, LMP; SOCG up to 70 days LMP)			<input type="checkbox"/>
SAFE			<input type="checkbox"/>
Identify patient will have access to help (personal support system, transportation, phone, emergency medical care)			<input type="checkbox"/>
Exclude absolute contraindications (uncontrolled severe asthma, adrenal failure, allergies, etc)			<input type="checkbox"/>
Consider and/or manage relative contraindications (IUD, long-term corticosteroid use, hemorrhagic disorders, anemia)			<input type="checkbox"/>
ADHERENCE			<input type="checkbox"/>
Confirm patient is making a clear decision to complete treatment for a medical abortion (consider if external pressure is being placed on the patient and if there are feelings of hesitancy; address as required)			<input type="checkbox"/>
Confirm patient able to take MISO 24-48 hours after MIFE			<input type="checkbox"/>
Confirm patient is able to attend prescriber follow-up 7-14 days after starting treatment			<input type="checkbox"/>
II. Patient Counselling			
DIRECTIONS FOR USE – review appropriate administration			<input type="checkbox"/>
<u>Day 1</u> MIFE (green box label): <i>take 1 tablet orally and swallow with water.</i>			<input type="checkbox"/>
<u>Day 2</u> (24-48 hrs) MISO (orange box label): <i>place 4 tablets between the cheek and gum (2 on <u>each</u> side of mouth) and leave in place for 30 minutes. Swallow leftover fragments with water.</i>			<input type="checkbox"/>
EXPECTED SIDE EFFECT MANAGEMENT AND MONITORING			
Side Effect	What to expect...	What can you do...	When to seek help...
Vaginal Bleeding & Discharge	<input type="checkbox"/> Starts 4-48 hours after MISO (minimal bleeding after MIFE) <input type="checkbox"/> Heavier than menstrual period <input type="checkbox"/> Heavy bleeding lasts 2-4 hours (light bleeding/spotting can last until next menstrual period) <input type="checkbox"/> May contain blood clots	<input type="checkbox"/> Use sanitary pads for heavy bleeding (should diminish upon pregnancy termination) <input type="checkbox"/> Do not use tampons <input type="checkbox"/> Use panty liners for light bleeding (up to 30 days after treatment)	<input type="checkbox"/> Heavy vaginal bleeding (saturates ≥ 2 large sanitary pads per hour for 2 consecutive hours) <input type="checkbox"/> Dizziness, light-headedness or racing heart rate <input type="checkbox"/> Heavy bleeding > 16 days <input type="checkbox"/> Foul-smelling vaginal discharge
Pain & Cramping	<input type="checkbox"/> Starts within 4 hours of MISO <input type="checkbox"/> Greater than menstrual period <input type="checkbox"/> Increased pain up to 24 hours; discomfort may persist	<input type="checkbox"/> Comfort care (rest, hot pack, abdominal/lower back massage) <input type="checkbox"/> OTC options: ibuprofen, naproxen (acetaminophen: less effective alone; may be combined with opioids)	<input type="checkbox"/> Prolonged cramping > 16 days <input type="checkbox"/> Cramping/pain not improved with pain medications
Other	<input type="checkbox"/> Possible gastrointestinal side effects (nausea, vomiting, diarrhea), headache or fever/chills <input type="checkbox"/> Self-limiting (usually after MISO)	<input type="checkbox"/> Can be managed with OTC options <input type="checkbox"/> Gastrointestinal side effects can be reduced by taking MISO <u>after</u> a small snack	<input type="checkbox"/> Chills/fever > 38°C for > 6 hours and malaise (weakness, nausea, vomiting, diarrhea) <input type="checkbox"/> Feeling sick with/without fever > 24 hours after MISO (possible infection)
MISSED DOSES			<input type="checkbox"/>
If MISO is forgotten and > 48 hours has passed since MIFE: take MISO right away and inform prescriber at follow-up If vomiting occurs : <ol style="list-style-type: none"> i. < 1 hour after taking MIFE or during buccal absorption of MISO: contact prescriber/pharmacist for assessment ii. after swallowing MISO fragments 30 minutes following buccal administration: no action required 			
CONSIDERATIONS FOR START DATE			<input type="checkbox"/>
Patient may need to take 2-3 days off work (see example schedule in <i>Guide for Dispensing Mifegymiso® for Medical Abortion</i>)			
III. Supportive Care Checklist – ensure your patient has these before she leaves...			
<input type="checkbox"/> Sanitary pads and liners <input type="checkbox"/> Pain medications and/or anti-nauseants (OTC or Rx) <input type="checkbox"/> Contraceptive plan (fertility can return within 8 days) <input type="checkbox"/> Scheduled prescriber follow-up <input type="checkbox"/> Review when and where to go for emergency complications		<input type="checkbox"/> MIFE start date: dd-mm-yyyy; MISO start date: dd-mm-yyyy <input type="checkbox"/> Pharmacist Notes: _____ _____ _____	
IV. Optional Pharmacist Follow-up (perform 2-3 days after expected start date)			<input type="checkbox"/>
Does patient consent to follow-up? date: dd-mm-yyyy at (time); method: phone call/text message/e-mail via number/e-mail			<input type="checkbox"/>
<input type="checkbox"/> Check appropriate administration <input type="checkbox"/> Review side effects management		<input type="checkbox"/> Review contraceptive plan <input type="checkbox"/> Reinforce prescriber follow up	
Pharmacist Signature:		Patient Initials:	Date: